

Denver Judo



**NEWSLETTER**

**February 2010  
Issue 43**



## Results



On January 23, Matt Jurjonas participated in the Rama de Judo IBNBA tournament in Santiago, Chile. Matt finished with a 2-0 record and took 1<sup>st</sup> place. Congratulations Matt!



Matt Jurjonas (far left)

On Saturday, January 16, 2010, 16 members of Denver Judo participated in the OTC Winter Classic tournament. We came home with 16 medals! Great job everyone!

**Nushervon Kalandarov - 1st place, senior men**  
**Katie Nguyen - 1st place, novice girls**  
**Calvin Nguyen - 1st place, novice boys**  
**Kory Leon - 2nd place, novice boys**  
**Nikki Alexander - 2nd place, novice women**  
**Ryan Jones - 2nd place, senior men**  
**Noemi Guiot - 2nd place, novice girls 13-14**  
**Bill Rich - 2nd place, novice men lightweight**  
**Chris Ninete - 2nd place, masters men heavyweight**  
**Nizar Bourrazouq - 2nd place, novice men heavyweight**  
**Bill Rich - 3rd place, masters men lightweight**  
**Army Parsons - 3rd place, novice boys**  
**John Turner - 3rd place, novice men middleweight**  
**Steve Patten - 3rd place, novice men heavyweight**  
**Angie Moran - 3rd place, novice women**  
**Nikki Alexander - 3rd place, advanced women**

Also participated:  
**Leonid Maksymenko**  
**Lindsay Sloan**



Heidi Moore with Katie and Calvin Nguyen



On Saturday, January 23, 2010, Antti Heiskanen participated in the Fight to Win Tournament of Champions 6 Brazilian Jujitsu Tournament. Antti finished 1<sup>st</sup> in his division, going 4-0 on the day. Congratulations Antti!

## Promotions



*On Saturday, January 9, 2010, Max Ariza was awarded his Sandan (3<sup>rd</sup> degree black belt) by the Colorado Judo League promotion committee. Check out a video of his kata here:*

*<http://www.youtube.com/watch?v=1rVD7A0Z3VI>*

**Congratulations to all the Denver Judo students who received promotions in January!**



**To yellow belt:  
Erin Daley  
Nizar Bourazzouq  
Kory Leon  
Arny Parsons  
Will Carroll  
Shannon Carroll  
Katie Nguyen  
Calvin Nguyen**



**To yellow belt 2<sup>nd</sup> stripe:  
Leonid Maksymenko**



**To orange belt:  
Angie Moran  
Noemi Guiot**



**To orange belt 2<sup>nd</sup> stripe:  
Angie Ninete  
Sean Maluf**



**To green belt:  
Hunter Freed  
John Turner**



**To sankyu:  
Nikki Alexander**



## Upcoming Events



*Hyland Hills Throwdown  
February 27, 2010  
Westminster, CO*

<http://www.denverjudo.com/pdf/entryHHT2010a.pdf>

*San Jose Buddhist  
Temple Tournament*

*February 14, 2010  
San Jose, CA*

<http://www.denverjudo.com/pdf/62nd10Entry12312009.pdf>

We would like to take a team to the  
***Liberty Bell Championships***  
in Philadelphia, PA April 10-11, 2010.

This event will feature over 600 competitors in junior, senior, masters, and VI divisions. The event will be followed by a 3-day training camp for the visually impaired. Please let us know if you are interested in attending.

[http://www.denverjudo.com/pdf/2010\\_Liberty\\_Bell\\_Entry\\_Packet.pdf](http://www.denverjudo.com/pdf/2010_Liberty_Bell_Entry_Packet.pdf)

**The US Senior, Masters, and Visually Impaired National Championships will be held May 1-2 in Myrtle Beach, SC. We would like to take as many people as possible to this event. Please let us know if you are interested in going.**



*Almost every judoka in the world has, at least once, worn a t-shirt where you can see the Kodokan badge. Most of us believe we know its meaning. I myself used to believe it represented the flower of the cherry tree (some of my masters had told me so), but other judokas claimed it was a lotus flower. Moreover, this theory is stated in some books. Well, the truth is both are wrong.*

*The judo Kodokan badge is not a flower, as we know now. This badge is made up of a red circle inside a red-edged white octagon. In October 1940, the Kodokan stated that the badge symbolizes the aims of this martial art and it means "indomitable spirit."*

*The octagon represents one of the three sacred treasures of the Japanese imperial court: the sacred mirror. This is so because the outer red line forms the eight angles of the dokyo which resembles a bronze mirror similar to the ones used in ancient times.*

*The white inner side symbolizes pure spirit. . .The red circle means indomitable spirit. It stands for an ardent heart, "the spirit which burns like iron in fire," full of fidelity, passion, and bravery. It is the true symbol of indomitable spirit.*

*- Jose Antonio Sanchez  
Gandoy*



### A Deep Bow To A Big Dutchman

**Anton Geesink, neither small nor Oriental, dispelled two time-honored myths when he became the first non-Japanese to win the world judo championship. Here is an on-scene report from Paris by a Canadian magazine editor, a black-belt judo man himself**

Frank Moritsugu

Judo will never be the same again. When Anton Geesink, a 6-foot 5-inch, 237-pound Dutchman from Utrecht, won the world judo championship two weeks ago in [Paris](#) from Koji Sone of [Japan](#) he unbalanced the cherished myths of the sport as much as he did the six men he beat on his irrepressible drive to the title.

Until Geesink, one unshaken judo myth was that the Japanese owned the sport. After all, it derived from jujitsu, the Japanese martial art; the first two world championships (1956, 1958) were held in [Tokyo](#) and were won by Japanese; in them no Japanese had ever lost to a non-Japanese.

The huge Dutchman's clear-cut triumph also plunged traditionalists into despair by disproving another and even more sacred myth—that in judo a good little man can cope with anyone of any size. [Dr. Jigoro Kano](#), who formulated judo in [Tokyo](#) in 1882, was just over 5 feet. He taught the basic principle of Maximum Efficiency from Minimum Effort, which, theoretically, enables any small man to exploit a bigger opponent's size and power rather than be conquered by it. Although both previous world champions, Natsui and Sone, were in the 200-pound range, proposals to introduce weight classes have been rebuffed as sacrilegious.

Yet Geesink's victory, shattering though it was, was not quite the surprise that news reports have made out. The three Japanese entrants were the men to beat, but they were question marks nevertheless. Defending world champion Sone was overage at 33, and his forte, unhappily, is power (6 feet 1, 198 pounds), not superlative technique. The 1961 All-[Japan](#) champion, Akio Kaminaga, should have been the best from his country, but he was recovering from a knee injury. Third man Takeshi Koga was the smallest (5 feet 9, 176 pounds) and possessed the most exciting technique, but he had come along to [Paris](#) as an alternate after poor showings in recent meets in [Japan](#). These were the best of the Japanese. Even before the championships they looked less than supermen to knowledgeable judoka.

And then there were the Koreans, who were the rivals the Japanese feared most. They were all of a size—sturdy, compact men around 185 pounds or a bit more, looking alike even to those who can tell Orientals apart most of the time. Their names, Kim Yip Pae, Kim Tok Yong and Han No San, didn't help any to ease the confusion. Like the Japanese, they trained secretly in [Paris](#) and came into the open only for receptions, trooping in in single file wearing identical dun-colored blazers marked KOREA.

But from the start Geesink had partisans. This perennial European champion is a superathlete who has played soccer, volleyball and basketball and who has wrestled internationally for [Holland](#). At 28, he is at his peak. In European judo he is in a class by himself. Geesink is so big that he towers over any group he is in, but in street clothes and glasses he looks like an intellectual—and indeed he speaks four languages: Dutch, German, excellent English and some Japanese. Of the last he says, "It is not very much, because when I went to [Japan](#) this year it wasn't to learn the language." As it turned out, Geesink learned more about the Japanese judo greats than they did about him.

When he stepped on the tatami-matted stage of the [Pierre de Coubertin](#) Stadium, his long torso and relatively short and powerful legs were clearly defined. This is an ideal build for a judoka, because the center of gravity is low—allowing rocklike balance against attacks. His first opponent, Sudjono of [Indonesia](#), fell in nine seconds. In that fleeting time Geesink proved himself perfectly coordinated, with miraculous reflexes, a straight and proper judo stance and an ability to blend strength and technique in the best judo manner.

Geesink next threw the young French champion, Michel Bourgoïn, got rid of the Yugoslavian Stojac quickly, and the stage was set for the first big encounter of the championship: Geesink vs. Kaminaga, the All- [Japan](#) champion.

Kaminaga gave Geesink his toughest battle, fighting through to the end of the six-minute bout to a decision, the only bout the Dutchman did not end before the time limit (six minutes for the earlier bouts, 10 minutes for the semifinals, 20 minutes for the finals). The Japanese threw all his near-200 pounds of power and technique at the big European but couldn't budge him. On the other hand, Geesink caught Kaminaga with a left leg sweep as the minutes ran out, and dumped him on his seat. Decision by the referee and judges: clear-cut victory for Geesink. "There's the next world champion," said a Canadian judo colleague, and Geesink himself later told reporters he knew he had it won when he beat Kaminaga.

A neat "uchimata"

Meanwhile, the other Japanese—Koga and Sone—were meeting trouble. In his third round Koga ran into the Korean, Kim Tok Yong, and thus began the best judo bout of the day. The Japanese went in fast with his dippy-doodle left uchimata (inner thigh throw), which is the marvel of [Japan](#), but suddenly he was flailing in the air as Kim picked him up and tried to drop him for a back counter-throw. Never before had young Koga been handled this way. Wriggling like a cat, he broke the Korean's grip and both men went off the mat. Each time Koga attacked, Kim grabbed a leg and attempted a counter, twice coming perilously close to success. The French audience was buzzing: would another Japanese fall by the wayside in this history-making championship? But Koga caught the Korean with a right obstruction foot sweep, time ran out, and Koga survived. After that his quarter-final meeting with [George Harris](#), the [U.S.](#) champion, was a piece of cake. [Harris](#), a 235-pound Negro, was no match for the Japanese, even though he outweighed him by 60 pounds.

In the semifinals Geesink showed no adverse reaction to the quick Koga techniques. The Dutchman applied his own uchimata and Koga was helpless, suspended in the air on the giant's right thigh. Over he went, and Geesink was in the final against Sone, the last surviving Japanese. Sone had run into a real terror in the Korean, Kim Yip Pae. The smaller, faster Kim attacked daringly, furiously, evading Sone's power. The defending champion eventually caught the Korean with a leg sweep that dropped him to his knees, and that gave Sone the decision, but there were boos.

As Geesink and Sone walked toward each other in the finals, with arms outstretched in the Japanese opening fashion, the 6,000 in the stadium seemed to sense that the match was an anticlimax, that Geesink was in and that judo history had been made. The final match lasted eight minutes 12 seconds, but Geesink was clearly superior all the way. Sone attacked furiously but with no success, and then down he went to a leg sweep.

Geesink pounced on him with a munegatame (chest hold-down). The referee indicated that it was asaekomi (a legitimate hold), the audience whooped and then hushed as the timekeeper watched the required 30 seconds tick away. Referee Guy Pelletier raised his hand to indicate ippon (victory), and the stadium broke into an uproar. Dutch supporters ran onto the stage, nearly stepping on the still-fallen Sone, to embrace Geesink and to try unsuccessfully to carry him off the mat. They overestimated themselves and couldn't lift him.

So the best judo man in the championships won, fairly and squarely and with surpassing ease. The fact that he is both a superb giant of an athlete and a non-Japanese can only serve to stimulate worldwide interest in the sport.

On the day following the championships, the International Judo Federation decided to recommend a weight-division system for the Olympic Games. Translated from kilograms, they are: 1) under 149.6 pounds; 2) 149.6 pounds to 176 pounds; 3) over 176 pounds; 4) all weights. This last is for the purists who still insist that judo has no room for such divisions.

And who will be the next world champion? Anton Geesink says: "It will be a Japanese again." He may be right, especially if he does not compete—but watch for those Koreans. They've just begun to make judo trouble.

## February Birthdays



Hunter Freed 2/6  
John Turner 2/13  
Angie Moran 2/17  
Ben Wendell 2/20  
Steve Archibald 2/21  
Erin Daley 2/24



Did we miss your birthday? Email [heidi@denverjudo.com](mailto:heidi@denverjudo.com)!

# Coming Events



San Jose Buddhist Temple Tournament  
San Jose, CA  
February 14, 2010

Hyland Hills Throwdown tournament  
Westminster, CO  
February 27, 2010  
<http://www.coloradojudo.org/events/entryHHT2010a.pdf>

Pedro's Classic  
Boston, MA  
February 27, 2010  
[http://assets.teamusa.org/assets/documents/attached\\_file/filename/19323/2010\\_Pedros\\_Challenge\\_Entry\\_Packet.pdf](http://assets.teamusa.org/assets/documents/attached_file/filename/19323/2010_Pedros_Challenge_Entry_Packet.pdf)

Collegiate National championships  
March 13, 2010  
College Station, TX

2010 Youth and Scholastic National Championships  
March 13-14, 2010  
Spokane, WA

IBSA World Championships  
March 23-27, 2010  
Antalya, Turkey

Liberty Bell Championships  
April 10-11, 2010  
Philadelphia, PA  
[http://assets.teamusa.org/assets/documents/attached\\_file/filename/19959/2010\\_Liberty\\_Bell\\_Entry\\_Packet.pdf](http://assets.teamusa.org/assets/documents/attached_file/filename/19959/2010_Liberty_Bell_Entry_Packet.pdf)

Northglenn Championships  
April 16-17, 2010  
Northglenn, CO  
<http://www.coloradojudo.org/events/2010-northglenn-flyer.htm>

Senior, Masters, and VI Nationals  
Myrtle Beach, SC  
May 1-2, 2010



# Hyland Hills Throwdown

Saturday, Feb. 27, 2010

Held Under the Sanction of Colorado Judo League

**Tournament Directors: Kari Gabrielle & Grace Jividen**

**Revisions: Jan 4, 2009: 1) Definition of Novice is modified; 2) There will be no registration at early weigh-in. Athletes must either mail in their entry form and fees or bring them to the tournament; 3) Divisions 8yrs and under will be co-ed (boys AND girls combined.)**

**ELIGIBILITY:** Open competition. Standard and Novice categories. **Contestants from all states are welcome.**

**Juniors:** Ages 5-19 yrs. old. See next page for complete Novice definition and age/weight groups.

**FOR ALL JUNIORS: Divisions for ages 5-6 and 7-8 will be co-ed (composed of boys AND girls.)**

**Seniors:** Standard: 17 yrs minimum OR 15 yrs and brown belt rank. See next page for complete Novice definition.

**Masters:** 30 yrs. or older. See next page for complete Novice definition.

**All contestants** must be members in good standing, with insurance in force, of one of the following national organizations: USA Judo (NGB, USJI), USJF, or USJA. If membership card is lost, Colorado Judo League can only verify USA Judo membership locally. Membership in USA Judo will be available at the tournament site during registration/check-in.

**TOURNAMENT LOCATION, HEADQUARTERS, WEIGH-IN AND REGISTRATION:** : Woodrow Wilson Academy : 8300 West 94th Ave. Westminster, CO. 80021 For reservations at Double Tree P.O.C Diandra Vidaurri.

**HOTEL:** Double Tree Hotel 8773 Yates Dr. Westminster, CO. 80031 303-427-4000 \$79.00 judo rate & breakfast inc. !

**AWARDS:** Awards will be presented to 1st, 2nd, and 3rd place winners. **BEAUTIFUL TROPHIES BEING GIVEN!!!**  
**\*\*\*NEW JUDO GI TO ALL GOLD MEDAL WINNERS!!! MOST OUTSTANDING JR MALE AND FEMALE AWARDS!**

**EARLY REGISTRATION, WALK UP REGISTRATION, ENTRY FEES:** Early entry fee is \$38.00. Walk-up entry fee on the day of competition is \$45.00.

Additional divisions \$18.00, make checks payable to: Hyland Hills Judo and mail completed entry forms and fees **POSTMARKED BY February 16th**, to: Grace Jividen, ATTN Hyland Hills Judo Throwdown, 8406 S. Reed St, Littleton, CO 80128. **DO NOT MAIL ANYTHING AFTER 2/16/2010** After 2/16/2010, bring all tournament entry forms & fees to the tournament site on Saturday and register as a "walk-up" (\$45 entry fee).

## Early Weigh-in

On **Thursday night** prior to the tournament, February 25: Weigh-ins ONLY will be conducted at:

1. Boulder Judo Training Center from 5:30 P.M.-7:30 P.M.

2. OTC in Colorado Springs from 6:30-7:30 P.M.

3. Northglenn Recreation Center from 6:30-8:00 P.M.

4. Early bird weigh ins AND registration at the Double Tree Hotel Friday February 26th from 5pm to 8pm.

**NO REGISTRATION ON THURSDAY! Athletes MUST also attend roll call on the day of competition!**

**E-mail weigh-ins to 92judo@comcast.net**

## COMPETITION DAY CHECK-IN, WEIGH-IN AND WALK-UP REGISTRATION:

At Woodrow Wilson Academy, Saturday, February 27th (**Walk-up Registration fee is \$45.00**):

**NOVICE Juniors only:** 7:30 – 8:30 am – Roll call: 9:30 am

**STANDARD Juniors only:** 7:30am –8:30am- Roll call: 9:30am

**ALL Seniors and Masters:** 11:00am – 12:00 pm - Roll call is after junior competition

If you have already sent in your registration materials, you **will need to** check-in, weigh-in, and then return for roll call. If you are registering for the first time, you must present a fully completed entry form, signed waiver, entry fee, and proof of membership, weigh-in, and then return for roll call.

If you have already weighed-in on Thursday or Friday, you only need to check in & attend roll call.

**Questions:** Kari (720) 987-3631 kari.gabrielle@comcast.net Grace (720) 232-5863 92judo@comcast.net

## RULES AND METHOD OF ELIMINATION

Current IJF rules as modified below for local competition will be in effect:

1. A competitor who **voluntarily** enters an age or weight division that is higher than his or her normal division must abide by the rules of that division. Example: A competitor whose age would normally not allow the use of chokes (or armlocks), is subject to choking (or armlock) techniques if he or she **voluntarily** enters a division where chokes (or armlocks) are allowed.
2. If a modified safety area size around the competition area is used, 1994 IJF boundary rules will be used.
3. Match times: Novice Categories: 3 minutes; Standard Seniors and Juvenile-C: 5 minutes; all others: 3 minutes
4. **Junior under 13 year old:** Chokes and Armlocks NOT allowed.
5. **Junior, 13 years old or older** Choke allowed; Armlocks NOT allowed.
6. **Novice Categories:** Armlocks NOT allowed.
7. Competitors may enter only **ONE** (1) division per **CATEGORY**. Example: Junior athletes may play Junior-Novice or Junior-Standard, but not both. However, Juniors may play both Junior and Senior and Seniors may play both Senior and Masters, if all other qualifications are met (age, weight, skill-level).
8. Judo gi color: Although optional, we encourage the wearing of a Blue judo gi by the "blue" side competitor. The "white" side competitor **must wear** a white judo gi. Competitors are responsible for appearing in the correct color gi. Under no circumstances shall both competitors be allowed to compete in blue gis, nor will the blue and white competitors be allowed to switch positions.
9. Elimination systems: More than 5 competitors: TRUE Double Elimination; 3-5 competitors: round-robin - 2 competitors: best 2 out of 3 matches

### CATEGORIES AND START TIMES

CATEGORY	ROLL CALL	START
NOVICE Junior	9:30 am	Immediately after roll call
STANDARD Junior	9:30 am	After roll call
ALL Seniors and Masters	1:30 pm	As soon as possible after JUNIOR

### COMPETITION CATEGORIES & DIVISIONS

**FOR ALL JUNIORS: Divisions for ages 5-6 and 7-8 will be co-ed (composed of boys AND girls.)**

**NOVICE DIVISIONS:** Age/weight divisions will be determined after weigh-in based on age/weight range and number of entrants.

**NOVICE DEFINITION:** Juniors: Yellow belt and below; Seniors: below brown belt AND less than one year experience. Coaches may request an exception to the above guidelines by approaching the Tournament Director; however, the Tournament Director's decision will be final.

**REMINDER TO JUNIOR NOVICES: Novices weigh-in 7-8 am and start competition first!!**

**STANDARD JUNIOR GIRLS, ages 9 and older:** Girls' age/weight divisions will be determined after weigh-in based on age/weight range and number of entrants.

#### STANDARD JUNIOR GIRLS/BOYSBOYS' AGE/WEIGHT DIVISIONS

BANTAM 1 (5-6 yrs – <b>Girls and Boys Combined</b> ): 42, 51, 62, over 62 lbs.	BANTAM 2 (7-8 yrs – <b>Girls and Boys Combined</b> ): 46, 55, 66, 77, over 77 lbs.
INTERMEDIATE 1 (9-10 yrs. – <b>Boys Only</b> ): 57, 66, 75, 84, 95, over 95 lbs.	INTERMEDIATE 2 (Born 11-12 - <b>Boys Only</b> ): 62, 68, 75, 84, 93, 106, 117, 130, over 130 lbs.
JUVENILE – A&B (13-16 yrs. - <b>Boys Only</b> ) Note: Where possible, age groups will be kept to 13-14 and 15-16: 79, 88, 97, 106, 118, 132, 145, 161, 178, 198, Over 198 lbs.	JUVENILE-C (17-19 yrs - <b>Boys Only</b> ) 121, 132, 145, 161, 178, 198, 220, over 220 lbs. <b>NOTE:</b> These weights may be modified depending on the weight range of the contestants entered.

**Standard Senior Men:** 121, 132, 145, 161, 178, 198, 220, over 220 lbs.

**Novice Senior Men:** Based on weight range of entrants. Attempt will be made to use standard weights.

**ALL Senior Women:** Based on weight range of entrants. Attempt will be made to use standard weights.

**ALL Masters Men and Women:** Based on age and weight range of entrants.

**Divisions may be combined if warranted by number of entries.**

**Any situation not covered by the above will be decided by the tournament director after considering the safety of, and fairness to, all contestants.**

**Decisions by the Tournament Director are final!!!!**

# OFFICIAL ENTRY FORM

## 2010 Hyland Hills Throwdown

Feb. 27, 2010

Held under the sanction of Colorado Judo League

Held Under the Sanction of Colorado Judo League <b>REGISTRATION &amp; WEIGH-IN (at Tournament Site):</b> NOVICE Juniors ONLY: 7:30-8:30 am STANDARD juniors ONLY: 7:30-8:30 am ALL Seniors and Masters: 11:00 – 12:00 pm	<b>ROLL CALL and START TIMES:</b> NOVICE Juniors: 9:30 am STANDARD juniors: 9:30 am Seniors and Masters: 1:30 pm
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<b>CATEGORY (CHECK ONE):</b> <input type="checkbox"/> NOVICE JUNIOR (ages 5-19; yellow belt or below) <input type="checkbox"/> NOVICE SENIOR (15 years, under brown belt) <input type="checkbox"/> NOVICE MASTERS (over 30 yrs., under brown belt) Novices: Must never have won a novice division or never have placed 1, 2, or 3 in a non-novice division	<b>CATEGORY (CHECK ONE):</b> <input type="checkbox"/> STANDARD JUNIOR <input type="checkbox"/> STANDARD SENIOR (17 yrs. or 15 yrs and minimum Brown belt rank) <input type="checkbox"/> STANDARD MASTERS (Minimum 30 years old)	<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE AGE: _____ (on day of event)
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\_\_\_\_\_ ←-Coach's signature indicating that he/she has approved the player named below to compete in this tournament in the category checked above.

First Name:																				
Last Name (Surname):																				
Judo Club:																				
Street Address:																				
City:																				
State:			X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Zip code:						-					X	X	X	X	X	X	X	X	X	X
Birth Date M/D/Y:			/			/					X	X	X	X	X	X	X	X	X	X
USJI, USJF, USJA #:														X	X	X	X	X	X	X
Card Expires M/D/Y:			/			/					X	X	X	X	X	X	X	X	X	X

**DON'T FORGET TO INCLUDE YOUR ENTRY FEE OF \$38.00 (\$45 If registering on the day of the tournament)**  
**MAKE CHECKS PAYABLE TO Hyland Hills Judo**

**MAIL TO: Grace Jividen, ATTN Hyland Hills Judo Throwdown, 8406 S. Reed St, Littleton, CO 80128 postmarked by February 16th, 2010**

**SUBMIT A SEPARATE ENTRY FORM AND FEE FOR EACH DIVISIONS ENTERED.**

**QUESTIONS – CALL Kari 720.987.3631 Grace 720.232.5863**

**ALL CONTESTANTS (AND PARENTS OR GUARDIAN IF CONTESTANT IS UNDER 18 YEARS OF AGE) MUST COMPLETE AND SIGN THE WARNING WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE.**

**For Official use Only. Please Do NOT Write Below in the box below:**

Entry Fee Paid: _____ Membership and Insurance Verified: _____ Official Weight: _____
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**WARNING!**

**WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE**

In consideration of being permitted to participate in any way, including travel to and from, the Hyland Hills Judo Club Throwdown Tournament and related events and activities of United States Judo, Inc., United States Judo Federation, United States Judo Association, Colorado Judo League, City of Westminster, and Hyland Hills Judo Club, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor, and/or a tournament official of such conditions and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due to not only my own actions, inactions, or negligence, but also to the actions, inactions, or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability, or death.
5. Release, waive, discharge and covenant not to sue the United States Judo, Inc. United States Judo Federation, United States Judo Association, Colorado Judo League, City of Westminster, and Hyland Hills Judo Club, together with their affiliated clubs, their respective administrators, directors, agents, coaches and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used to conduct the event, all of whom are hereinafter referred to as "releasee", from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death and damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise to the fullest extent permitted by law.

**I HAVE READ THE ABOVE WARNING, WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISK AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.**

Participant (please print name)	Participant's Signature	Date

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE  
(UNDER AGE 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warnings and conditions and their ramifications.

Parent/Guardian (please print name)	Parent/Guardian's Signature	Date

**FOR PARENTS/GUARDIANS OF PARTICIPANTS AGE 8 AND UNDER AT TIME OF REGISTRATION**

**This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident for my minor child to compete with a competitor of the opposite sex. I have instructed the minor participant as to the above warnings and conditions and their ramifications.**

Parent/Guardian (please print name)	Parent/Guardian's Signature	Date